

Community

Services

&

Supports

Agency Support Group:

Multicultural Interagency Network (Albury – Wodonga)

Contact: Diana Elliott
Address: Albury Wodonga Volunteer Resource Bureau
596 Hume Street Albury 2640
Postal P.O. Box 730 Wodonga 3689. Vic.
Phone: 02 60210990
Email: youthworker@vrb.org.au

The Network group meets quarterly to discuss local issues, share information, service delivery and activities specific to CALD communities.

The meetings provide opportunities to share ideas, information, hear guest speakers and stay in touch with what is happening in the local community.

All service providers/workers are welcome to attend. Contact Diana Elliott on 02 60210990 for further information and meeting dates.

Access Support:

Disability Advocacy and Information Service Inc. (DAIS)

Contact: Reception
Address: 20 Stanley Street Wodonga. 3690 Vic.
Postal: P.O. Box 982 Wodonga. 3689. Vic.
Phone: 02 60562420
Phone: 1300 886 388
Email: admin@dais.org.au
Website www.dais.org.au

Support provided to individuals in the community by DAIS includes, individual advocacy, systemic advocacy, community education, training, support group development, police and court support and other services to the south West NSW and north East Victorian area.

Contact service for further information.

Food Services:

Meals on Wheels – Albury

Contact: Kim Abood Mercy Hospital
Address: 500 Poole Street Albury 2640
Postal: P.O. Box 639 Albury 2640 NSW
Phone: 02 60412004
Fax: 02 60412228

Provide meals to clients living in the community in Albury.
The service is able to look at specific nutritional needs including those of CALD clients. Clients require a HACC assessment to be eligible for service. Details available from Manager.

Referral Process: Phone contact. Self referral, Health Services, General Practitioners. HACC Assessment required.

Food Services – Wodonga

Contact: Rachel Rapsey Coordinator, Meals on Wheels
Address: 11 b McFarland Road Wodonga 3690
Phone: 02 60439867
Fax: 02 60439988
Email: rrapsey@westmont.org.au

Service provides meals to residents of City of Wodonga, who are frail and aged or have a disability or caring for someone who is frail aged or has a disability or having problems maintaining an adequate diet.
The service is able to look at specific nutritional needs including those of CALD clients. Therapeutic diets are catered for and a range of diabetic and other special dietary needs can be provided. A HACC assessment is required to ensure MOW is appropriate. Some assistance available for non HACC clients but carries higher cost levy. Further information is available from the Coordinator.

Referral Process: Phone contact, Self referral, Health Services, General Practitioners. HACC Assessment required.

Health Services:

Women's Health

Contact: Brigitte Weber, Women's Health Nurse.
Address 596 Smollett Street Albury. 2640 NSW
Postal: PO Box 503 Albury. 2640 NSW
Phone: 02 6058 1825
Email: brigitte.weber@gsahs.health.nsw.gov.au
Website: www.gsahs.nsw.gov.au/

Language-specific written information is available and access to telephone interpreters and face to face interpreters for women's health information.
Regular outreach clinics for health screenings . blood pressure, breast health, abdominal palpation, pap testing, infection screening (sexually transmitted infections and ordinary vaginal infections), pelvic examinations for assessing pelvic floor health and bladder control issues, health information written and verbal language specific on any women health issues ., breast health, women's cancers, stress management, lesbian health issues, sexual assault and domestic

violence supports and referrals to specific services, menstrual health, menopause information, Indigenous health issues, disabilities supports, referrals to services such as women's centre, women's refuge, community legal advice, DASH, drug & alcohol services, counsellors (advocacy to access services).

Outreach clinics . Neighborhood houses . Westside, Glenecho, Thurgoona Community Centre, Springdale Heights, Women's Centre in Culcairn, Henty, Holbrook Jindera, Corowa, Mulwala, Mungabareena Aboriginal Services Oaklands and Urana

Referral Process: By phone Contact.

Albury Community Nursing Service

Contact: Team Leader, Community Nurses
Address: 596 Smollett Street Albury 2640
Phone: 02 6058 1800
Email: CHC.Albury@gsahs.health.nsw.gov.au

Provide a range of services to the Community including: wound care, nursing care, HACC Assessments, Medication support . home or at centre, IV support, Chemotherapy nursing support.

Other services provided include: Incontinence Nurse, Discharge Planning, and Access Worker at Albury Base Hospital.

Staffs have access to translating services and are able to support CALD clients.

Referral Process: Phone contact, Self Referral. General Practitioners and other service providers.

Albury Community Health Centre

Contact: Reception
Address: 596 Smollett Street Albury 2640 Vic.
Postal: PO Box 503 Albury 2640
Phone: 02 60581800
Fax: 02 60581801
Email: CHC.Albury@gsahs.health.nsw.gov.au
Website: www.dadhc.nsw.gov.au

Services Provided Include: Public dental clinic . children and adults, Nurse Automatist for children, Child and Family Nurses / Clinics Diabetes Education, Dietician - Group basis. Drug and Alcohol counseling, General counselor, Mental Health Supports. Methadone clinic, Pediatric occupation therapy . children only , Physical and emotional Abuse and Neglect of children support worker, Pediatric physiotherapist, Sexual assault service, Sexual health clinic, Speech Pathology for Children, Women's Health.

Referral Process: Self Referral for most services.

Hearing Impairment:

Australian Association Deaf Inc.

Head Office: Brisbane
Address: 247 Stafford Road, Stafford Qld. 4053
Postal PO Box 4053 Stafford. Qld. 4053
Phone: 07 33578266
TTY Phone: 07 33578277
Website: www.aad.org.au

Australian Hearing Services

Contact: Reception
Address: 480 David Street Albury NSW 2640
Postal: PO Box 3326 Albury 2640
Phone: 02 60410100
Website: www.hearing.com.au

Vicdeaf Hume

Contact: Reception
Address: Suite 2, 15 Ford Street Wangaratta, Vic 3677
Phone: 03 5722 9175
TTY 03 5722 9451
Mobile: 0427 459 064
Email: hume@deafaccessvic.com.au
Website: www.vicdeaf.com.au

ACT Deafness Resource Centre

Contact: Reception
Address: Grant Cameron Community Centre
Level 1b. 27 Mulley Street Holder ACT. 2611
Postal PO Box 3239 Weston ACT 2611
Phone: 02 6287 4393
TTY Phone: 02 6287 4394
Email: Enquiries @actdrc.org.au
Website: <http://www.actdrc.org.au/>

Home Care Services:

Home Care Services – City of Wodonga

Contact: Ann O'Grady, Christine Odewahn
Address: 11b McFarland Road Wodonga, 3690 NSW
Postal: PO Box 132 Albury 2640
Phone: 02 60439867
Fax: 02 60439988
Email: aogrady@westmont.org.au
codewahn@westmont.org.au

Home Care provides supports in Home care and personal care to the Wodonga community for people who are aged or have disabilities. A HACC Assessment is required to determine eligibility.

Referral Process: Self Referral by phone or email HACC assessment required.

Home Care Services NSW Hume

Contact: Reception
Address: Gardens Medical Centre
Level 4
479 Wodonga Place
Albury NSW 2640
Phone: 0260570420
Fax: 02 60570455

Home Care provides supports in Home care and personal care to the Albury community for people who are aged or have disabilities. A HACC Assessment is required to determine eligibility.

Referral Process: Self Referral by phone or email HACC assessment required.

Mental Health Services:



Multicultural Mental Health Australia

Web site: <http://www.mmha.org.au/>

Multicultural Mental Health Australia (MMHA) provides national leadership in building greater awareness of mental health and suicide prevention amongst Australians from culturally and linguistically diverse (CALD) backgrounds. Through unique partnerships with Australian mental health specialists, services, advocacy groups and tertiary institutions, MMHA actively promotes the mental health and wellbeing of Australia's diverse communities through a series of campaigns, projects and information fact sheets. MMHA also produces a series of resources and training for specialist and mainstream mental health professionals. MMHA maintains strong connections with CALD consumers/carers through focus groups and by disseminating information on multicultural mental health, support services, stigma reduction and suicide prevention. Multicultural Mental Health Australia is funded under the National Mental Health Strategy and National Suicide Prevention Strategy by the Australian Government Department of Health and Ageing.

Quick Links...

for our most popular pages

[Translated Fact Sheets](#)

[Books & Resources](#)

[Resource Order Form](#)

Information in your Language .

Web site: <http://www.mmha.org.au/>

MMHA provide a link to accessing a range of translated materials and information.

Go to their website to access the link.

These types of items will be searched:

- Fact Sheets
- Resources (Audio, Video, Training kits etc)
- Services

Multicultural Mental Health Australia. . Website: <http://www.mmha.org.au/>

Websites Offering Translated Mental Health Factsheets

The following websites provide mental health resources in a variety of community languages.

<http://www.adavic.org.au/>

http://www.healthtranslations.vic.gov.au/bhcv2/bhcht.nsf/pages/advanced_search?open

<http://www.carersnetwork.org/>

<http://www.dhi.gov.au/tmhc/resources/translations.htm>

<http://www.eppic.org.au>

<http://www.health.vic.gov.au/mentalhealth/>

<http://www.mentalhealth.asn.au/>

<http://www.mhcs.health.nsw.gov.au/>

<http://www.mifellowship.org/Facts&Stats.htm#Multicultural>

<http://www.vtput.org.au/>

Multicultural Mental Health Australia

Address: Building 52B, Cumberland Campus
5 Fleet St

North Parramatta, NSW

Postal: Locked Bag 7118
Parramatta BC NSW, 2150
Australia

Phone: (02) 9840 3333

Fax: (02) 9840 3388

Email: admin@mmha.org.au
info@mmha.org.au
synergy@mmha.org.au

Referral Process: Phone Contact self referral

Albury Community Mental Health Service

Address: 475 Townsend Street Albury, 2640. NSW

Postal: P.O. Box 503 Albury 2640 NSW

Phone: 02 60 581750

Fax: 02 60581751

Referral Process: Phone Contact Access Line

Legal Support

Community Legal Service

Contact: Principal Solicitor: Sarah Rodgers
Address: Suite 5,
91 Hume St,
Wodonga 3690 Vic.
Postal: P.O. Box 31 Wodonga 3689. Vic.
Phone: 02 60575000
Freecall: 1800 918377
Fax: 0260568557
Email: cls@umfc.com.au
Website: www.communitylaw.org.au/alburywodonga

We provide free and confidential legal advice, information, casework and referrals for a range of individuals and groups in the community, especially those on low incomes or otherwise disadvantaged in their access to justice.

We provide advice in the following areas of NSW & Victorian Law:

Family Law, crime, family violence, motor vehicle accidents, neighborhood disputes, small debts, discrimination, fines, freedom of information, mental health rights, police powers, social security, traffic offences

Types of Assistance:

Telephone advice, Face to Face Clinics, Family Court Clinics, Rural Outreach, Interventional Order Court Support Program, Community Legal Education Projects.

Referral Process: Phone Contact, self-referral for appointment

Read and Associates

Contact: Darren Read
Address: Level 1
461 Olive Street
Albury, NSW 2641
Phone: 02 60232206
Email: www.readandassociates.com.au

Our motto is - 'let's remove the red tape' from the migration process, and we had no idea when we coined this catchphrase, just how close to the point that phrase have the capacity to assist in legal matters regarding permanent residence, family migration, partner migration, skilled migration and business migration.

Referral Process: Phone contact, self-referral for appointment

Australian Migration Options Pty Ltd

Contact: Jessica Boatwright
Address: Business Enterprise Centre
Room 5
66-70 Coleman St
Wagga Wagga NSW, 2650
Phone: 0417 545 613
08 8410 1248
Email: wagga@migrationoptions.com.au

Transport:

Community Managed Transport

Contact: Rob Grant
Address: 49 High Street Wodonga 3690 Vic.
Postal: P.O. Box 1596 Wodonga 3689. Vic.
Phone: 02 60492100
Fax: 02 60563128
Email: [Rob grant @tpg.com.au](mailto:Rob.grant@tpg.com.au)

Provides transport to clients living in the community in Wodonga.
The service is able to support people from a CALD background. All staff are trained in assisting all clients and have resources available to assist staff and drivers with communication.

Referral Process: Phone contact. Self Referral.

Community Transport Services

Contact: Keith McElhinney transport Service Coordinator
Address: 747 . 749 Sackville Street,
Albury NSW 2640
Phone: 02 60412299
Mobile: 04370406979
Fax: 02 60213754
Email: mail@kalianna.com.au

Provides transport to clients living in the community in Albury City, Greater Shire of Hume and Greater shire of Corowa.

The service is able to support people from a CALD background and HACC Clients. All staff are trained in assisting clients and have resources available to assist staff and drivers with communication.

There are assessment requirements to be met for access to services. Contact Kalianna for further information.

Referral Process: Phone contact. Self referral.

VISION IMPAIRMENT

Vision Australia – Albury Branch

Manager: Kerry Strauch
Address: 566 Olive Street, Albury 2640
Phone: 02 60236611
Freecall: 1300 847 466
Email: kerry.strauch@visionaustralia.org
Website: <http://www.visionaustralia.org.au>

Vision Australia works in positive partnership with Australians who are blind or vision impaired to help pursue the opportunities they choose in life. We offer a range of services that can be tailored to a person's level of vision, supporting people who have some remaining sight to those who are blind. We provide specialist low vision services which include assistance with daily living skills, advice on safe mobility, support for children and their families, advice and sale of equipment, and advice and training in technology. Vision Australia has an Information and Library service which provides books, magazines, and newspapers in alternate formats such as audio and Braille. Vision Australia also has its own network of radio stations that provide news and information for people who are unable to read standard printed material. Call 1300 847 466 for further enquiries or to make a referral.

Vision Australia

Address: 454 Glenferrie Road, Kooyong, Vic. 3144
Postal: PO Box 295 Malvern VIC 3144
Phone: 1300 847 466
Email: info@visionaustralia.org.au

Website: <http://www.visionaustralia.org.au>

Vision Australia is the largest provider of blindness and low vision services in Australia, enabling more than 41,000 children and adult clients to live the lives they choose.

The wide array of services they provide are designed to meet the needs that will present themselves over the course of a lifetime . beginning with children's services and ranging to employment, independent living, information, recreation, equipment and a range of other vital services.

Visit the website for a range of information and resources.