

**Social
Supports
&
Information**

7

Neighbour Aid Home Visiting Program - Age Concern Albury Wodonga Inc

Contact: Reception
Address: 432 Townsend Street, Albury 2640 NSW
Phone 02 60 215122
Fax: 02 60 218626
Email: neighbour@ageconcern.org.au
Website: www.ageconcern.org.au

The Neighbour Aid Home visiting program provides volunteers who speak a language other than English who can visit a person from a CALD background in their own home. The visitor may if agreeable take the person out to the shops or for other outings or appointments. The Neighbour Aid program also provides support for a person with dementia.

The target group is for frail aged or younger disabled persons who are eligible under the HACC funding guidelines.

In terms of CALD community support this program provides opportunity for the volunteer as well as the client and works well. The matching up process of visitor to client is very important and based on need, personality, interests, life skills, location etc. There may be a waiting period before matching takes place to optimize the best possible outcome.

Referral Process: By phone, fax, and email or in person or preferably by use of the CIARR form.

International Club. - Age Concern Albury Wodonga Inc.

Contact: Reception
Address: 432 Townsend Street, Albury NSW 2640
Phone: 02 60215122
Fax: 02 60218626
Email: ruth@ageconcern.org.au
Website: www.ageconcern.org.au

Age Concern is a multi-service outlet for older adults who live in the community who provide opportunities for social and exercise activities, learning exchanges, home maintenance and modifications, day trips, and more.

All programs can be modified to help a person enjoy themselves more fully. This includes using communication styles that overcome language barriers. Age Concern also offers some specific programs for people from other language backgrounds, such as the International Club and Memory Lane Programs.

Everyone is welcome as a participant of programs or as a volunteer working in programs.

Referral Process: By phone, fax, and email or in person or preferably by use of the CIARR form.

Community Fitness Programs - Age Concern Albury Wodonga Inc.

Contact: Reception
Address: 432 Townsend Street, Albury NSW 2640
Phone: 02 60215122
Fax: 02 60218626
Email: reception@ageconcern.org.au
Website: www.ageconcern.org.au

Age Concern is a multi-service outlet for older adults who live in the community. We provide opportunities for social and exercise activities, learning exchanges, day trips, and more.

Fitness programs include, Pool sessions, Strength Training and Tai Chi. Everyone is welcome and supported to participate.

Referral Process: By phone, fax, and email or in person.

Felltimber Community Centre

Contact: Reception
Address: Cnr Felltimber Creek Rd & Melrose Dr, Wodonga, Vic 3690
Phone: 02 6043 4550
Fax: 02 6043 4551
Email: cfelltimber@wodonga.vic.gov.au
Website: www.wodonga.vic.gov.au

Felltimber Community Centre offers a range of supports and activities to the community including Adult Education in a friendly welcoming environment. There is something happening for everyone.

Programs include job training, parenting and family life, arts and crafts, health and well being, personal development, literacy/numeracy and community interest groups. A course guide is available by contacting the centre.

The centre also has playgroups for children, Maternal and Child Health Service, Health and Fitness, Yoga and other special interest groups and activities.

Contact the centre for further information, to receive and information booklet or to get name on the mailing list for the quarterly newsletter.

Neighbourhood Centres in Wodonga.

BARANDUDA COMMUNITY CENTRE
4 Sage Court, Baranduda, Vic 3690
Phone: 02 60 208643
Email: cbaranduda@wodonga.vic.gov.au

BIRALLEE PARK NEIGHBOURHOOD HOUSE
39 Emerald Avenue, Wodonga. Vic 3690
Phone 02 60 592590
Email: birdhouse@bigpond.net.au

BANDIANA NEIGHBOURHOOD HOUSE
Wattle Road, Bandiana. Vic 3690
Phone: 02 60 552137
Email: bandiana@inet.net.au

TRUDEWIND ROAD NEIGHBOURHOOD HOUSE INC
Quirk Court, Wodonga, Vic. 3690
Phone: 02 60 243950
Email: trudewind@bigpond.com

The Willows

Contact: Reception
Address: 11B McFarland Road, Wodonga, Vic. 3690
Phone: 02 60 439867
Fax: 02 60 439988
Email: info@wodonga.vic.gov.au
Website: www.wodonga.vic.gov.au

The Willows provides day activity programs 5 days a week to the aged community in Wodonga. Also provides dementia specific day/respite programs. Everyone is welcomed. The staff and service are able to meet the specific needs of CALD clients.

The Willows coordinates a Community Volunteer Visiting program to clients in the Wodonga community who are identified at risk of isolation.

Referral Process: By phone, fax, and email or in person. HACCC Assessment Required.

Neighbourhood Centre's in Albury.

The Neighborhood centres provide a range of programs to the community including, a range of support groups, health clinics, and playgroups, social activities, learning opportunities, education, health information sessions, computer classes, craft classes, crisis supports and assistance with life skills. Each centre provides a different range of opportunities and supports so contact individually for information on their programs.

GLENECHO COMMUNITY CENTRE.

Address: 949 Burrows Road, Glenroy , NSW 2641

Phone: 02 60 258325

Email: admin@glenecho.org.au

Open Monday to Friday 9.30 am to 4.30 pm. Closed School Holidays.

LAVINGTON SPRINGDALE HEIGHTS COMMUNITY CENTRE INC.

Address: 40 Cardo Drive, Lavington NSW 2641.

Phone: 02 60 253988

Email: spingcomm@southernphone.com.au

THURGOONA COMMUNITY CENTRE

Address: 10 Kosciusko Road , Thurgoona. NSW 2640

Phone: 02 60 431588

Email: reception@thurgoonacommunitycentre.org.au

WESTSIDE COMMUNITY CENTRE INC.

Address: 16 Mulga Place, Albury NSW 2640

Phone: 02 60 412236

Email: staff@westsidecommunitycentre.org.au

WOOMERA ABORIGINAL CORPORATION

Address: 684 Daniel Street, Albury NSW 2640

Phone: 02 60 577400

Email: reception@woomera.org.au



Community Relations Commission

For a multicultural VSW

Ethnic Media

This directory contains contact information for radio, television and print media covering languages other than English.

Click on the type of media you wish to find.

[Newspapers](#)

[Television](#)

[Radio](#)



Australian Government
Department of Immigration and
Multicultural and Indigenous Affairs

Calendar of Cultural and Religious Dates

The Calendar aims to raise awareness of the many cultural and religious events, festivals and days that are celebrated throughout Australia.

The information in this calendar is presented in good faith. The names of certain events may have alternative spellings or be recognised on different dates by groups and individuals within communities. Calendar users should seek further advice regarding particular events from the communities concerned

[Calendar of Cultural and Religious Dates](#)

Cultural Diversity.

Leisure Activities

Addressing cultural diversity in leisure programs and daily recreational activities is essential to maintaining the quality of life of your care recipients from culturally and linguistically diverse backgrounds.

A culturally appropriate activities program will help to bring joyful pleasure into the lives of your care recipients from culturally and linguistically diverse backgrounds, as well as foster self-esteem and a sense of purpose and belonging.

Key Considerations

- Consider the cultural, linguistic and religious needs and preferences of care recipients when planning and reviewing recreational activities with input from their families and members of the local community.
- Foster links with local community organisations that share the culture, language and religion of care recipients.
- Facilitate community and family involvement in activities.
- Support care recipients to remain engaged with existing community networks.
- Integrate activities with local community events.
- Plan regular outings to places of significance to your care recipients from culturally and linguistically diverse backgrounds
- Ask care recipients and or their families which festivals and special days they would like to celebrate and how they would like to observe these occasions.
- Acknowledge and observe cultural and religious days and festivals in an appropriate manner.
- Explore the availability of community volunteers to provide social visits in the preferred
- Ensure the multicultural media is available in the preferred language of care recipients.
- Ensure that staff responsible for developing and implementing activities programs have been trained in cultural awareness and appropriated communication.

Web link to further information:

Multicultural media
Festivals and Special Days
Cultural awareness
Communication

<http://www.culturaldiversity.com.au>

179 Centre for Multicultural Aging: PO Box 5093 Glenferrie South Vic 3122 t (03) 8823 7900 f (03) 9822 6870 info@culturaldiversity.com.au

Additional Resources

Community Visitors Scheme

Community Visitors' Scheme is a national program that provides companionship to socially isolated people living in Australian Government-funded aged care facilities. Contact the Commonwealth Carelink Centre on 1800 052 222 to find ethno-specific auspices in your service area or [Age Concern Albury Wodonga](#)

'Music for the Golden Aged.

Tapes with a selection of 'olden time music' available in 10 languages. Order from [NSW Tran cultural Aged Care Service](#)

Companion Card:

Web link: <http://www.companioncard.org.au/>

Companion Card Information Line on 1800 650 611.

This is a Victorian Government initiative

(Currently not available to residents of NSW.)

The Companion Card allows people with a profound disability, who require attendant care for the rest of their lives, to participate in community activities and events without discrimination.

Companion Cards can be presented at participating organisations where cardholders will not be required to pay an admission fee for their companion who is providing attendant care.

Participating organisations (affiliates) will recognise all Companion Cards, which share common visual identity and security features. The Companion Card

operates in several states of Australia. Contact the Companion Card in the state or territory in which you reside for more details.

Organisations seeking information about the Companion Card or wishing to affiliate their venue or activity should also contact the Companion Card program in the state or territory in which they operate. National affiliates should contact the [Victorian Companion Card](#).

Languages Available

The Companion Card Cardholder Handbook is available in 15 languages, and they include information about the Cardholder Application Form. There is also Recorded Information provided in 15 different languages.

To access information in other languages follow the link:
www.vic.companioncard.org.au

Companion Card Information Line on 1800 650 611. The website for the Companion Card also provides information handbooks for the clients and for Industry. Go to the website to download the information if required.



link: <http://www.harmony.gov.au>

Harmony Day is celebrated on 21 March each year.

It is managed by the Department of Immigration and Citizenship (DIAC) and celebrates the cohesive and inclusive nature of our nation and promotes the benefits of cultural diversity.

DIAC supports a range of community events and activities held to celebrate Harmony Day by providing free promotional products.

The key message of Harmony Day is Everyone Belongs. It's about community participation, inclusiveness, respect and a sense of belonging for everyone.

Since Harmony Day began ten years ago, thousands of schools, community groups and organisations across Australia have hosted Harmony Day events.

There is no limit to the range of activities that can be held for Harmony Day and we encourage schools, community groups, local government and businesses to get involved and actively support this day of celebration.